



What you are holding in your hands offers much more than hope. Reading this book is a process that takes you to the edge of awareness where consciousness is recognized as both the source and the result of what we experience. It initiates an inner reckoning that rekindles the fire of Spirit. It invites us to recover the innate radiance that burns away shame and sorrow and transforms anger into ashes that fertilize the soil of new growth. It plants seeds that ground us in the compassionate awareness of our individual differences, and empowers us by allowing the gracious embrace of non-judgmental awareness.

Taking the “High Way” awakens a transformational awareness that lures us to more fully participate in the art of living, gracefully guiding us to create a planetary masterpiece of higher consciousness. It is a revelation, yet so obvious you may wonder why we haven’t noticed it staring us in the face.

High Way From Hell makes the irrational become rational, and what we thought of as rational to become insane.

It is a coherent and engaging platform from which we learn to recognize the things that hold us back, and observe with quiet fascination as our willingness to feel their imprint on our lives hands us the keys to spiritual liberation.

You are about to embark upon a journey, a journey like no other. Sparks of insight will drift and blow through your awareness, warming your heart...fanning the fire of enlightenment.



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Spirituality
\$23.95 U.S.



High Way From Hell

Moonstone Star White

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High Way From Hell

Using EMOTION

to FAN THE FIRE of ENLIGHTENMENT

With her uncanny way of weaving together ideas in ways that both induce experiential clarity and make sense to the rational mind, Moonstone Star White beckons us to journey inward and discover our secret source of power: the contents of our own hearts. Here we marvel at the power of feeling and discover its creative contribution to the tapestry of our collective experience.

“If you’re tired of being sick and tired, this book will renew the spirit, free the heart and heal the body. *High Way From Hell* perceptively blends the Body-Mind-Spirit connection.”

Gary Salinger, Author of *Body Insight – Integrative Neuromuscular Therapy* and Director of Healing Arts Institute, Fort Collins, CO

“This book takes the reader on a journey to the deepest recesses of the heart, where one discovers that all he has been seeking was there all along. Read, read, read. You will thank yourself later.”
Mary Sweitzer, Graphic Designer

“If you want a powerful, candid, honest look at how our judgments limit the richness of what we are capable of experiencing, this is your book. PS: If you like to highlight your books get a new highlighter.”
Barbara Shannon, Aroma Therapist and Educator

MOONSTONE STAR WHITE is a mystical visionary and a spiritual maverick. With graceful candor and impeccable honesty she translates the experiential data of her life into spiritual wisdom anyone can easily grasp and utilize.

First a writer and a poet by nature, she is also certified in hypnotherapy and an ordained minister. As a spiritual intuitive with a questioning mind, deepening her understanding of the fundamental nature of existence has been the passion of a lifetime. She is board certified in hypnotherapy by the International Medical and Dental Hypnotherapy Association, the American Board of Hypnotherapy and the International Hypnosis Federation. She is a member of the International Association of Counselors and Therapists and received her ministerial ordination through the Universal Life Church, which respects the unique and personal nature of spiritual experience.

With chameleon-like versatility, Moonstone has moved through a diverse collage of occupations in her exploration of life. She graduated with a bachelor’s degree in journalism from Iowa State. Since then she has been a bartender, free-lance artist, massage therapist, spiritual energy healer, aromatherapist, mask-maker, hypnotherapist and real estate broker.

As a result of exploring diverse avenues of personal growth, over the years she experienced many profound spiritual realizations and began journaling thoughts and ideas that were eventually transformed into the material that became *High Way From Hell*.

Today she is focused on spreading the message in her book and in helping others in whatever way feels most appropriate.